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BBQ Chicken-Cheddar Sandwiches



[Any Nature's Own Bread](#)

Hearty slices of Nature's Own Bread are loaded with sweet onions, tangy barbeque chicken and tasty cheddar cheese, then wrapped in foil and grilled to create unique, open-faced sandwiches.

Prep Time:

10
MIN

Cook time:

18
MIN

Total Time:

28
MIN

Number of Ingredients:

9

Servings:

4

Level:

Medium

Ingredients:

4 slices of any Nature's Own Bread

2 cups thinly sliced red onion

2 teaspoons brown sugar

1/8 teaspoon salt

1/4 teaspoon dried thyme leaves

2 cups shredded cooked chicken breast

3 tablespoons barbecue sauce

2 teaspoons vegetable oil

4 (1-ounce) slices reduced-fat deli-style Cheddar cheese*

Additional barbecue sauce (optional)

Instructions:

Heat oil in large nonstick skillet over medium-high heat.

Add onion, brown sugar and thyme; cook 10 minutes or until onion is tender and lightly browned, stirring often.

Remove from heat; stir in salt. Set aside.

Toss chicken with barbecue sauce in small bowl until evenly coated.

Divide chicken and onion evenly over bread slices; top each with 1 cheese slice.

Wrap each open-faced sandwich in heavy-duty foil forming a loose packet; seal all edges.

Grill, covered, over indirect medium heat 8 minutes or until heated through.

Carefully open foil packets and drizzle with additional barbecue sauce, if desired.

Source URL: <http://naturesownbread.com/recipe/bbq-chicken-cheddar-sandwiches>